

FOUNDATION STONE



Issue 1 Winter 2022

Welcome from the Head of Fundraising



Welcome to the Winter 2022 issue of Foundation Stone - the Ballarat Health Services Foundation's donor newsletter.

Dear Friend of BHS Foundation & Grampians Health Ballarat,

Welcome to our Winter edition of our quarterly news – the renamed Foundation Stone. We hope this finds you well and staying warm.

In this edition, you will hear stories of generosity - from donors like yourselves, community groups and organisations who are all committed to helping us deliver world-class healthcare, right here in Ballarat.

I would particularly like to thank all of you who donated to our Tax Appeal for newborn hearing equipment. Your generosity helps us provide the best healthcare to our youngest patients.

If you would like to host a community fundraising event for Grampians Health Ballarat, please don't hesitate to get in touch with us – we'd love to help you make your event a success.

The generous donations we receive are a powerful show of support to our healthcare workers. As we work our way through a challenging winter season, the pressures on our healthcare workers are now higher than ever before.

Please continue to keep your vaccinations up-to-date, wear masks when required, and save the Emergency Department for emergencies. If you are unsure if you need emergency care, consider making a phone call first – you may be given the advice you need to stay well at home. You can call Nurse on Call – 1300 60 60 24, your pharmacist, or attend an after-hours medical clinic.

I hope you enjoy reading this edition of our newsletter – please share it with family and friends.

Warm regards,

A handwritten signature in black ink that reads "Sarah".

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Ballarat Health Services Foundation is the community fundraising arm of Grampians Health Ballarat.



Ballarat Health Services Foundation is a registered charity endorsed as a Deductible Gift Recipient. Donations of \$2 or more are tax deductible.

FOUNDATION NEWS

Thank you for giving the gift of sound

All of us at the Fundraising team and the Audiology Services of Grampians Health Ballarat are humbled by the generosity shown by our community in helping us give the gift of sound. Every donation has made a real difference as we reach towards our goal of purchasing a state-of-the-art newborn diagnostic hearing machine. This machine will make a real difference in the lives of our youngest patients.



It's not too late to donate. If you would like to support our newborn audiology service, you can donate using this QR code.



Windemere Street Charity Auction



In our last edition, we were just about to go to auction on a house that was bequeathed to the Grampians Health Ballarat by a long-term Ballarat resident. The house was extensively prepared for sale by many local Ballarat businesses - all at no cost.

We are delighted to report that the house sold for \$465,000, which was well above the reserve price. All proceeds of the sale will go towards patient care and support services in Ballarat.

For the new owners, Alina and Ardian, realising the sale of the house would help the local health service was a bonus.

"We were delighted when we realised that the proceeds of the auction would be going to the hospital," said Alina. "It completely aligns with our belief that investments should be sustainable and help others, rather than just being about making money. Knowing the proceeds would be going to the hospital made the house purchase very attractive."

WELLNESS CENTRE

It has been a busy few months fundraising for the Ballarat Regional Integrated Cancer Centre Wellness Centre.



Wellness Round

Our annual Wellness Round footy between East Point FNC and North Ballarat occurred on Saturday 23 July at Eastern Oval. The day started with the two teams forming a guard of honour for BRICC patient, Jodie Hodge, who performed the coin toss. AFL Legend Anthony Koutoufides spoke on the day to a packed house of sponsors. East Point took the win.

Nearly \$3,000 was raised on the day through raffles, donations and a Wellness Centre stall. The raffle was a huge success, with six major prizes donated by Bunnings Delacombe, G.Gay. & Co Mitre 10 and Davies and Rose Creswick. Woolworths and Bake & Grind donated treats for the Wellness Centre stall. The day was also a great opportunity for Grampians Health Ballarat volunteers to be back on board helping out with community events after two years of suspensions due to the pandemic.

"The Wellness Round is something we are delighted to have back after the last few years of disruptions. It is a great way to raise the profile of the BRICC Wellness Centre and the services and support they offer. I'd like to say a huge thank you to East Point and North Ballarat for supporting us. We are looking forward to hosting and growing this event next year."

Kellie Pearce, Community Events Coordinator

Dry July

Dry July is the Wellness Centre's largest fundraiser of the year. This year, one of our Dry July Ambassadors, Kelli Aggett and her brother Josh, hosted a Wellness Ball at the Western Hotel to raise money for our Dry July campaign. With over 150 people attending, the ball raised over \$14,000 for our Wellness Centre.

Thank you, Kelli and Josh, for all your incredible work and generosity towards our Wellness Centre! Across our Dry July campaign, we have over 62 supporters, all helping us exceed our target of \$34,500.



Community

A special call-out to those individuals and groups who have so generously donated to our Wellness Centre.

- Ivory Haus hosted a wedding fair at the Mercure, donating all money raised on entry
- The Inner Wheel Club of Wendouree generously donated \$1000 at their July monthly meeting
- The Masters Football Club hosted a 'Kick a goal for cancer raffle', raising an incredible \$6000.
- The Royal Oak Hotel hosted meat raffles every Friday in May.

CELEBRATING A GENEROUS DONOR

Heartbeat Ballarat

COMMUNITY CHAMPIONS: A very special thank you to the Heartbeat Ballarat & Heartbeat Ballarat Walking Group who have been long-term donors to our Heart Failure Clinic.

When the clinic put out a call for some urgently needed weighing scales, the group responded with 21 sets of scales and 40 measuring jugs to our Heart Failure Clinic.



In patients with heart failure, their heart doesn't pump properly and they can get a build-up of fluid in their body. These patients need to monitor their fluid intake and weight every day. This ensures that their medication is correct and prevents further interventions. These scales and jugs are so important in keeping patients stable and out of the hospital. THANK YOU!

For people impacted by heart disease, Heartbeat Ballarat is a patient-led peer support group. They hold five free walks per week. For more information, talk to your cardiac rehabilitation staff or visit the group on Facebook.

STORIES FROM THE WARD

New equipment a win for the environment, safety and cost

Our theatre team is very grateful for a new piece of equipment purchased through the Joe White and Hilton White Bequests and the Collier Trust.

The new surgical fluid safety system collects and disposes of liquid surgical waste safely and efficiently (through black water disposal). It has three main advantages over our old system:

- Environmentally: saves over 42 tonnes of liquid and over 20,000 plastic bags and lids going to landfill annually. The only item which cannot be reused or recycled is the small filter, shown in the photo.
- Safety: a very clean disposal system significantly reduces the risk of fluid splashes.
- Cost savings: with fluid no longer disposed of in clinical waste, there are huge cost savings.



"All the theatre technicians are very thankful for the donation as it makes life a lot easier, safer and cleaner, and better for the environment."

Vale Alahana Camilleri Champion of our Children's Ward

Alahana Camilleri from the XonA Hotel in Sebastopol passed away in June. Alahana, with her husband John and friend Keith, was a champion of the Children's ward. She helped raise tens of thousands of dollars for its redevelopment. Every Christmas and Easter, she delighted the patients, families and staff in the Children's Ward, Special Care Nursery and the Emergency Department with gifts. She was a champion for the care of children in our community.

